

Kursplan: Kids/Teens

10.12.2018 - 16.12.2018

David Gym ZH-West
 Zürcherstrasse 113
 8952 Schlieren-Zürich
 043 311 12 30
 info@davidgymzhwest.ch



Montag 10.12.2018	Dienstag 11.12.2018	Mittwoch 12.12.2018	Donnerstag 13.12.2018	Freitag 14.12.2018	Samstag 15.12.2018	Sonntag 16.12.2018	
	<div style="background-color: #f4a460; padding: 5px; border-radius: 10px; margin-bottom: 5px;"> 10:15 - 10:50 Born to Move (2/3 J... Monika </div> <div style="background-color: #8e44ad; padding: 5px; border-radius: 10px;"> 17:30 - 18:25 Muay Thai KIDS Mirko (Dojo) </div>	<div style="background-color: #f4a460; padding: 5px; border-radius: 10px; margin-bottom: 5px;"> 14:30 - 17:00 Sportaerobic Teens Nathalie </div> <div style="background-color: #f4a460; padding: 5px; border-radius: 10px;"> 15:15 - 16:15 Sportaerobic Kids Nathalie </div>			<div style="background-color: #e91e63; padding: 5px; border-radius: 10px; margin-bottom: 5px;"> 17:00 - 18:00 Sportaerobic Kids Nathalie </div> <div style="background-color: #8e44ad; padding: 5px; border-radius: 10px; margin-bottom: 5px;"> 17:30 - 18:25 Muay Thai KIDS Mirko (Dojo) </div> <div style="background-color: #e91e63; padding: 5px; border-radius: 10px;"> 18:00 - 19:00 Sportaerobic Teens Nathalie </div>	<div style="background-color: #27ae60; padding: 5px; border-radius: 10px; margin-bottom: 5px;"> 11:00 - 12:00 Seal Tac Functiona... Sisley </div> <div style="background-color: #27ae60; padding: 5px; border-radius: 10px;"> 11:00 - 12:00 FUNctional Training... Sisley </div>	

- Ausdauer
- Boxen
- Cycling
- Functional
- Gesundheit
- HITT / Functiona...
- Jiu / MMA
- Kids DG 47
- Kids DG ZH-West
- Kids Functional
- Kids Kampfsport ...
- Kraft
- Muay Thai

Stand: 16.12.2018